



Albert V. Armstrong Jr. "Mike"

April 20, 2026

Albert V. Armstrong Jr. "Mike"

Rochester: Monday, April 20, 2026 at age 69. Predeceased by his parents, Albert Sr. and Mary Ruth; sisters, Melanie, Jeanne, Betty Jo and Kathy; and nephew, Shane.

Survived by his daughters, Jennifer (Brian) Shaw, Michelle (Ken) Johnson and Heather (Jeff) Simons; grandchildren, Karolynn, Adam, Keegan and Kellen; brothers, Tom (Janice) and Bill (Carol); and several nieces, nephews and dear friends.

Mike lived his entire life in the Rochester area—and somehow managed to make it feel like the center of the universe. He never met a stranger, mostly because he refused to let anyone stay one. Whether you bumped into him at a game, on a walk, or in line at Wegmans, you were guaranteed a story, an opinion, or a detailed retelling of the time that exact same thing happened to him. And he'd deliver it all with that unmistakable Mike flair.

Mike was a lifelong sports lover, the kind who didn't just watch games—he participated from the couch with the intensity of a man convinced the Buffalo Bills could hear him through the TV. A self-proclaimed armchair quarterback, he rotated through his collection of "lucky shirts" with the seriousness of a head coach choosing a starting lineup. For years he held season tickets to the Rochester Amerks and the Rochester Red Wings, cheering loudly, loyally, and often.

When he wasn't coaching from the living room, you could find him walking

Cobbs Hill or working out at the Y with his brother—two routines he treated with the same dedication he gave to sports. And if he wasn't moving, he was listening. Mike was an avid music fan, the kind who didn't just enjoy concerts but collected them like chapters of his life. Most people who knew him could point to at least one show they'd shared with him, and probably a few stories they still laugh about.

But of all his passions, none came close to the joy he found in being a grandfather. His grandkids were his world, and he showed up for them with a devotion that became his signature. Fishing in a creek, freezing at a football game, cheering through basketball, baseball, track meets that lasted all of ten seconds, choir concerts, band concerts—you name it, he was there. His motto was simple: "Someone should be there. Why not me?" And he meant it every single time.

Mike lived big, loved big, and made sure the people around him felt it. He leaves behind a lifetime of stories, laughter, and moments that will be retold for years—often starting with, "Remember when Mike..." His presence was unmistakable, his heart was generous, and his absence will be felt deeply by everyone lucky enough to have been part of his orbit.

Family and friends may call at the Leo M. Bean and Sons Funeral Home Tuesday 10-11am. Funeral Service to follow calling at 11am at the funeral home. Interment, Riga Cemetery. In lieu of flowers, memorials may be made to the Wilmot Cancer Institute, Alumni and Advancement Center, 300 E. River Road PO Box 278996 Rochester, NY 14627.

Cemetery Details

Riga Cemetery

Riga, NY

Previous Events

Calling Hours

APR 28. 10:00 AM - 11:00 AM (ET)

Leo M Bean and Sons Funeral Home
2771 Chili Avenue
Rochester, NY 14624
(585) 426-7830
beanfuneralhome@rochester.rr.com
<http://www.beanandsonsfuneralhome.com/>

Funeral Service

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Tribute Wall

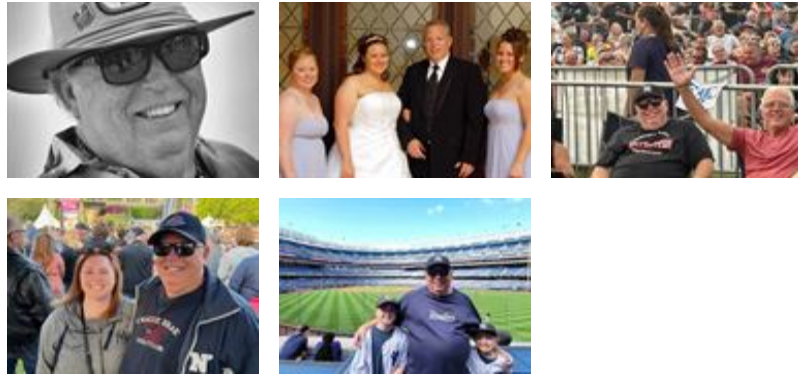


“ *The Veterans Outreach Center extends our deepest sympathy in Albert's passing.
We acknowledge and are truly grateful for his service to our country.* ”

Joan Brandenburg - May 01 at 10:39 PM



“ *59 files added to the album Life Tributes* ”



Leo M. Bean and Sons Funeral Home - April 28 at 09:34 AM



“ *Beautiful in Blue was purchased for the family of Albert V. Armstrong Jr. "Mike".* ”



April 27 at 12:03 PM

RS

“ Rich Wright & Sandy purchased the Strength & Solace Spray for the family of Albert V. Armstrong Jr. "Mike".



Rich Wright & Sandy - April 27 at 10:49 AM

FM

“ I work at the Westside YMCA, covering the front desk from 5-9, every morning, M-F. That was how I met Mike. More often than not, he'd come in and stop at the desk as we'd spend a good bit of time talking, sharing stories or having a good laugh. In that way we became friends and I always looked forward to seeing him. Always smiling. Always a bright presence at the Y. I will miss him greatly. My prayers to his family and friends that God will comfort you as you move forward without this wonderful man.
Fred Mollon

Fred Mollon - April 27 at 06:09 AM

TP

“ The WCC Pharmacy purchased the Glorious Grace Bouquet for the family of Albert V. Armstrong Jr. "Mike".



The WCC Pharmacy - April 26 at 01:21 PM

TF

“ The Optical team at Flaum purchased the Sacred Duty Spray for the family of Albert V. Armstrong Jr. "Mike".



The Optical team at Flaum - April 25 at 08:48 AM

KM

“ I met Mike thru his brother Tom and have been to games, concerts, backyard BBQs with him. If you were at an event he was at this would NEVER be said “I didn't know Mike was there”. He made a point to make everyone feel welcome. I will remember him for all that and fun times at the JazzFest.



Ken (Speedy) Monahan - April 24 at 12:36 PM

LC

I met Mike at the Carlson YMCA downtown. He were friends from then on. Through the years, we would walk at Cobbs Hill, eat lunch together and visit the lilac festival together. My heartfelt condolences to his family. Mike was a great person

Lisa Clayborne - April 28 at 08:33 AM

BW

“ Many prayers and hugs sent to the family . For the years have seperated us. But I will always cherish the fun memories of our youth. May his family find comfort in knowing that he will be embraced by his family of angels that will guide him in peace. Cherish all his fun loving memories . May he RIP

Barbara J Wallace - April 23 at 04:19 PM

ES

“ Mike brought so much light to our community with his humor and kindness. He had a way of making everyone feel welcome, and his presence will truly be missed by all of us in property management. Rest peacefully, Mike—you'll never be forgotten.

Evelyn Santos - April 23 at 11:30 AM

BB

“ Roller skating from Cobbs Hill to Charlotte Beach and stopping at the Country Warehouse on the way home to see Old Salt

Bill Bergeron - April 23 at 08:00 AM

Jl

“ Flap on flapper❤️❤️❤️

Jill - April 22 at 03:30 PM